

24. 09. 2016 (Etapa I-a)

Cupa CLUJ WEST Open

Trofeul Floresti ed. 15

Ora "0"/First start:

13:30

DATE TEHNICE

Cluj-Parking: 11 km = 25min

Parking -Finish: 0-50m

Finish -Start: 650m / 70m = 15min

Medie Dist./Middle Distance

Categ.	Lung.	Dif.n.	P.C.
Categ.	Length	Climb	C.P
M10	1,500	10	6
M12	1,900	55	9
M14	2,200	65	10
M16	3,200	115	11
M18	4,100	125	14
M20	5,500	190	17
M21	5,500	190	17
M35	4,400	185	14
M40	4,400	185	14
M45	4,100	125	14
M50	3,800	130	12
M55	3,800	130	12
M60	3,200	105	11
M65	3,200	105	11
M70	2,400	60	8
M75	2,400	60	8
M80	1,700	40	6
W10	1,500	10	6
W12	1,700	45	7
W14	1,900	55	9
W16	2,200	65	10
W18	3,200	115	11
W20	4,100	125	14
W21	4,100	125	14
W35	3,800	130	12
W40	3,800	130	12
W45	3,200	105	11
W50	3,200	105	11
W55	2,400	60	8
W60	2,400	60	8
Open	1,700	45	7
OPT	3,800	130	12

Trasator: Cioban Dumitru

Control: Cioban Paul

25. 09. 2016 (Etapa II-a)

Cupa CLUJ WEST Open

Trofeul Floresti ed. 15

Ora „0” / First Start:

11:00

DATE TEHNICE

Cluj-Parking: 11 km = 25min

Parking -Finish: 0-50m

Finish -Start: 850m / 20m = 12min

Lunga Dist./Long Distance

Categ.	Lung.	Dif.n.	P.C.
Categ.	Length	Climb	C.P
M10	1,600	60	6
M12	2,400	115	9
M14	2,900	130	11
M16	4,100	170	12
M18	5,400	180	14
M20	7,300	265	20
M21	7,300	265	20
M35	6,000	230	18
M40	6,000	230	18
M45	5,400	180	14
M50	4,600	150	13
M55	4,600	150	13
M60	4,300	145	12
M65	4,300	145	12
M70	3,000	100	10
M75	3,000	100	10
M80	2,200	75	7
W10	1,600	60	6
W12	2,100	90	8
W14	2,400	115	9
W16	2,900	130	11
W18	4,100	170	12
W20	5,400	180	14
W21	5,400	180	14
W35	4,600	150	13
W40	4,600	150	13
W45	4,300	145	12
W50	4,300	145	12
W55	3,000	100	10
W60	3,000	100	10
Open	2,100	90	8
OPT	4,600	150	13

Trasator: Cioban Dumitru

Control: Cioban Paul

C.S.O. Dudu Florești

